

QUICK START GUIDE

Please read the detailed instructions in the user manual for more information about navigation and using ARK Care™

Getting Started

Step 1

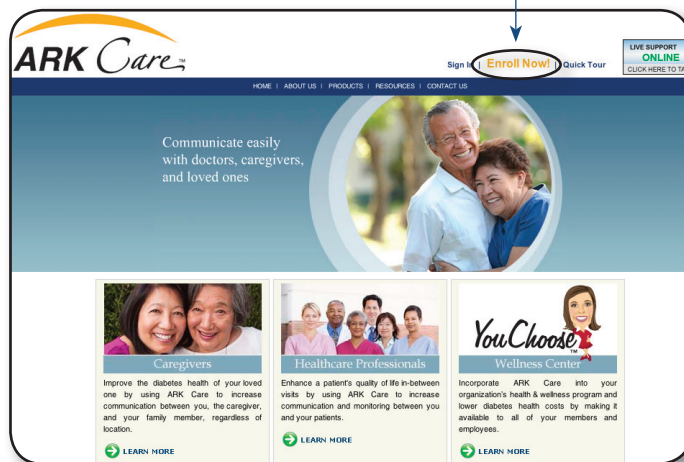
Go to www.arkcare.net. Select “Enroll Now!”

Step 2

Fill in open fields on the registration page. You will need to enter the “group code” given to you by your doctor, clinic, CDE or ARKRAY.

Step 3

You will be taken to your personal profile. You may begin logging information and uploading blood glucose meter data. See the user manual for setting up your profile settings.



Creating Your Care Team

Step 1

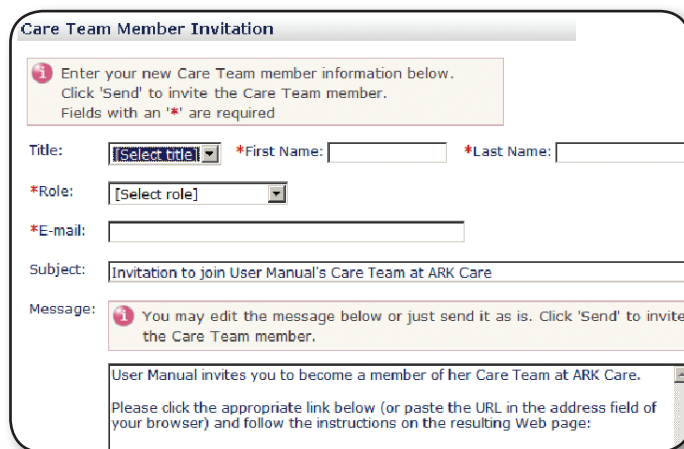
Select “Invite Member” under Care Team from the left side panel of your profile. Enter information and select the role of the Care Team Member.

Step 2

Edit the invitation email or send without changes.

Step 3

After sending the invitation, you will be taken to your Care Team homepage. The invitation status is indicated under the invited members’ names.



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Blood Glucose Meter Upload

Step 1

Before uploading a blood glucose meter for the first time, follow these steps to download the USB cable drivers:

- Select **"Upload"**
- Follow the written instructions on the page.
 - > Right click the shaded bar at the top of the page.
 - > Select download, install or run.
 - > Continue to select download, install or run until the device driver had been installed.

Step 2







To upload readings from a blood glucose meter:

- > Select the type of glucose meter
- > Select the COM port
 - If unsure of the port used, select **"Auto"**
- > Click **"Upload"** to automatically transfer blood glucose readings to your profile.

NOTE: Once a blood glucose meter is uploaded to a profile, the blood glucose meter cannot be uploaded to another profile.

Using the functions and tools

View all functions, logbooks and charts by selecting from the upper icon menu or the left side panel. All users can comment on data and change the view of each page. Only patients and primary care physicians can change data on each page.

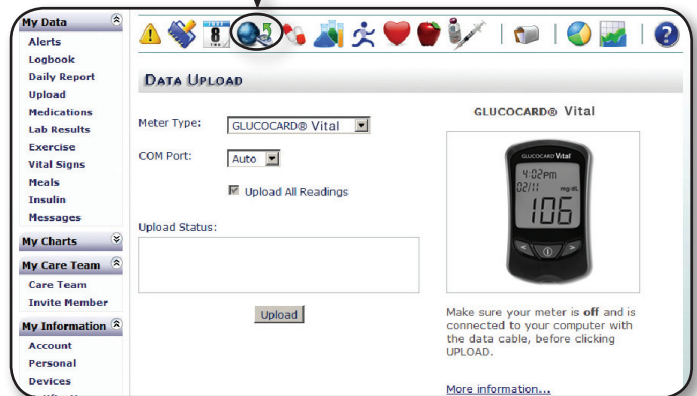
- Click  at the right of the selection you wish to comment on,
 - > Type in your comment and click **"Add"** to submit or **"Cancel"** to delete.
- Click  to Hide Selected Entry Details
- Click  to Display Selected Entry Details
- Click  to Display Comment Details for the Selected Entry
- Click  to Hide Comment Details View
- Click  to Display Comments Below Each Entry

Pages can be printed by selecting  in the upper icon menu.

Returns will be accepted for a refund up to 90 days after the date of purchase.



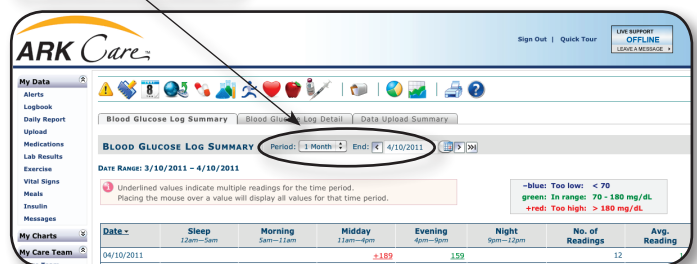
Click here



Adjusting the Time Frame

- Step 1** Select the period of dates to view.
- Step 2** Type or select the end date of the viewing period (the last day of data to view).

Select time frame



Help and Support

Customer Service 855.646.3235
customerservice@arkrayusa.com

Help Function—located at bottom, left corner and on top, center icon panel

Live Online Support



e-chat link—located in upper, right corner